



TE PAE MAHUTONGA FRAMEWORK RESEARCH PLANNING

<p>Overall aim: (Pae Ora: Healthy Futures for Māori)</p> <p>Te Mana Whakahaere Autonomy</p>	<p>Elements Involved:</p> <p>Te Oranga Participation in society</p>	<p>Direction:</p> <p>Mauriora Cultural Identity</p>	<p>Key threads:</p> <p>Waiora Physical environment</p>	<p>Pathways:</p> <p>Ngā Manukura Community leadership</p>	<p>Outcome / performance measures and monitoring: (Pae Ora-Healthy futures for Māori and advancing Māori health)</p> <p>Toiora Healthy Lifestyles</p>	<p>Overall aim: (Pae Ora: Healthy Futures for Māori)</p> <p>Te Mana Whakahaere Autonomy</p>
<p>How do we apply the principles of Te Pae Mohutaonga to research planning?</p>						
<p>Initiate</p> <p>What do I need to know? What do want to find out?</p> <p>My research will advance Māori health by...../be responsive to Māori,/ demonstrate my commitment to Te Tiriti o Waitangi/use whakawhanaungatanga as a Kaupapa Māori approach to engagement nurturing ongoing future research partners.</p> <p>Māori led-co design to ensure effective and appropriate stewardship over the research process to support/align/protect/enable....? Te Tiriti o Waitangi, responsiveness to Māori, advancing Māori health.</p> <p>The kaupapa of my research is.. which is consistent with the needs/ views/ aspirations of... to advance Māori health/support healthy futures for Māori.</p>	<p>Locate</p> <p>How do I find the information? Review literature Specify a research purpose/ co-Design</p> <p>The capacity to communicate, to think and to feel mind and body are inseparable. Thoughts, feelings and emotions are integral components of the body and soul.</p> <p>The capacity to belong, to care and to share where individuals are part of wider social systems.</p> <p>Understanding the importance of whānau and how whānau (Family) can contribute to illness and assist in curing illness is fundamental to understanding Māori health issues.</p> <p>Who will carry out this Research? (3 C's) How do we want the research to be done? (3 C S)</p>	<p>Select</p> <p>What information is relevant and reliable? Collect data</p> <p>The capacity for faith and wider communication. Health is related to unseen and unspoken energies.</p> <p>The spiritual essence of a person is their life force. This determines us as individuals and as a collective, who and what we are, where we have come from and where we are going.</p> <p>I will be contributing to Māori wellness by ensuring the collection of relevant data as guided by..... (3 C's)</p> <p>Māori aspirations to protect the mana of the people by... (3 C's) across the life course of Māori.</p> <p>Tikanga Māori (Māori way of doing things) will be incorporated into my research process through...</p>	<p>Organise</p> <p>How can I use this information? Analyze and interpret data</p> <p>The capacity for physical growth and development. Good physical health is required for optimal development</p> <p>Our physical 'being' supports our essence and shelters us from the external environment. For Māori the physical dimension is just one aspect of health and well-being and cannot be separated from the aspect of mind, spirit and family.</p> <p>Supports thematic analysis by... Support the framing of the Māori world view, encapsulated within Mātauranga Māori (Māori knowledge) by.... (3 C's)</p> <p>What difference will it make?</p> <p>How will we know it is a worthwhile piece of research? (3 C's)</p>	<p>Present</p> <p>How can I communicate my research? Report</p> <p>By ensuring Māori involvement/co-design and/or governance, design, delivery, and monitoring of health data I will be supporting....</p> <p>Tiakina te mana o te Iwi – protect the mana of the people by... in alignment with Te Tiriti o Waitangi principle(s)...</p> <p>Tikanga Māori will be incorporated into my research process through... (3 C's)</p> <p>By involving/engaging... and ensuring (3 C's)... I will be able to uphold the principle partnership and whanaungatanga (establishing, nurturing and maintaining relationships) ...</p>	<p>Assess</p> <p>What did I learn? Outcomes include:</p> <ul style="list-style-type: none"> Advancing Māori health Responsiveness to Māori Commitment to Te Tiriti o Waitangi Whakawhanaungatanga and ongoing future research partners <p>Results/Dissemination Evaluate in collaboration My research will address... which will contribute to the overall/collective Kaupapa of/for...</p> <p>Who will own the research (3 C's)</p> <p>Who will benefit? (Māori)</p> <p>In line with Tikanga Māori</p>	<p>Initiate</p> <p>What do I need to know? What do I want to find out?</p> <p>My research will advance Māori health by...../be responsive to Māori,/ demonstrate my commitment to Te Tiriti o Waitangi/use whakawhanaungatanga as a Kaupapa Māori approach to engagement nurturing ongoing future research partners.</p> <p>Māori led-co design to ensure effective and appropriate stewardship over the research process to support/align/protect/enable....? Te Tiriti o Waitangi, responsiveness to Māori, advancing Māori health.</p> <p>The kaupapa of my research is.. which is consistent with the needs/ views/ aspirations of... to advance Māori health/support healthy futures for Māori.</p>

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