

# IUE

## Iwi United Engaged, Ltd

**Ki te kaahore he whakakitenga, ka ngaro te Iwi**  
*Without foresight or vision, the people will be lost*

### Manaaki Sessions

#### Hononga

<https://meet.google.com/ksb-xndb-sge>

#### **NOTE: TIME CHANGE**

Next Manaaki session  
01/02/2024 @ 12 pm

### ISSUE: 9

Kohitaatea (January) 2024

**Ko te Atua too taatou piringa  
ka puta ka ora.  
Paimaarire**

### Consultations

To set an appointment please visit our booking system [www.picktime.com/IUEbookings](http://www.picktime.com/IUEbookings)  
Choose your consultant through locations ie:  
Whaea Misty consultation/Manaaki.  
Pick a preference of kanohi-ki-te-kanohi OR zui, the choice is yours.  
Include a brief summary of your needs and study

### *Meet the Team*

**IWI UNITED ENGAGED LIMITED**  
Commitment to advancing Maaori health and wellbeing through the development of culturally informed and relevant research.



**Misty Edmonds**  
Te Tumu Whakarae  
CEO



**Steph Shankar**  
Mana Kaiwhakahaere  
Puutea  
Financial Operation Manager



**Kahu Ama**  
Tapuhi Maaori  
Kaiwhakahaere  
Administrator



**Whaea Te Inuwai**  
Kaitautoko  
Cultural Support



**Xiale Paane**  
Tapuhi Maaori  
Pasifika Cultural  
Advisor



**Langi Kepu-Kosene Apiata**  
Tapuhi Maaori  
Pasifika Cultural  
Advisor

### MIHI WHAKATAU

I te tuatahi, me wehi ki te Atua  
naana nei ngaa mea katoa  
Arohaina ngaa teina me ngaa tuaakana  
Paimaarire  
I teenei waa e poowhiri ana maatou  
ki teetehi anno o ngaa Tapuhi Maaori  
Ko Langi Kepu - Kosene Apiata teeraa  
Nau mai haere mai Langi ki te whaanau nei  
A warm welcome to another one of our  
Maaori Nursing Students  
Langi graduated with Xiale & Kahu  
and though she will work in the background alongside Xiale  
We are so excited to have Langi onboard.



### HE MIHI O TE TAU HOU

Ngaa mihi o te tau hou paakehaa ki a koutou  
Nau mai hoki mai ki te ahuatanga o te waa  
ahakoa te aha ka haere tonu te kaupapa  
"mahia te mahi e taatou hei painga mo te iwi"

Happy New Year everyone  
Welcome Back to reality  
Regardless of the situation  
Let us do what needs to be done for  
the betterment of the people

### WHAKATAUKI

In our culture we have whakatauki/proverbs.  
in most cases we use them to tautoko to even enhance our  
koorero.

This month I would like to use the following whakatauki,  
I used part of it in my mihi and actually well renowned to  
many & created by our very own Princess Te Puea Heerangi  
Mahia te mahi hei painga moo te iwi  
Manaakitia te iwi, whaangaingia te tangata.  
Kia mau te aroha me te rangimarie  
Do the work for the betterment of the people,  
Bless the people, take care of the people  
Do it with love and peace

If you are doing good stuff and would like us to share it through our pānui  
please contact: [whaea@iue.net.nz](mailto:whaea@iue.net.nz)

## Revision - Pepaha

Teenaa koutou...  
Ko ..... te maunga  
Ko ..... te awa  
Ko ..... te waka  
Ko ..... te iwi  
Ko ..... tooku ingoa  
Teenaa koutou  
Teenaa koutou  
Teenaa taatou katoa

Teenaa koutou...  
I whaanau mai au i.....  
I tipu ake au i .....  
E noho ana au i .....  
E mahi ana au i .....  
Ko ..... tooku ingoa  
Teenaa koutou  
Teenaa koutou  
Teenaa taatou katoa

## HUI AA MOTU

Some of our Rangahau (Research) whaanau might have already heard about the Maaori Kings Hui aa motu being held at Turangawaewae Marae tomorrow. It has been brought to my attention that some whaanau are wondering whether or not they allowed to attend. Long story short. If you want to come then come but come for the poowhiri which is at 9 am Dresswear - Nice casual, ladies dress or skirt. What do I need - nothing. If you have never experienced a Marae visit, then all the better for you to come to this hui. Sorry for late notice however, I have been in between here and there and almost forgot.  
Nau mai Haere mai

## PEOPLE WITH KIDNEY DISEASE INFORMING HEALTH CARE PROVIDERS HOW TO PREVENT HARM.



He aha te whāinga mō tēnei rangahau  
What is the aim of the project?

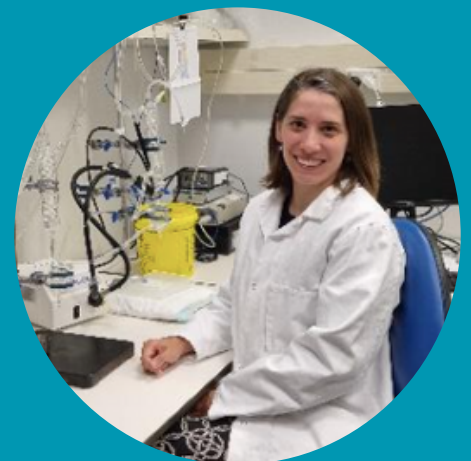
My aim is to analyse the current practices in providing and receiving vein preservation information to prevent harm. Furthermore, create in collaboration best practices to prevent harm. This is important because these 'best practices' will keep health workers informed on the patients limitations to blood draw.

Your participation will support this research by helping me understand what your preferences are while receiving information on vein preservation and what best practices are according to you. Moreover, your participation will also help in co-designing best practices to prevent harm.

## HEART HEALTH IN DIABETES

Tēnā koutou katoa  
Ko Maungawhau te maunga  
Ko Waitematā te moana  
He Pākehā ahau  
Nō Aotearoa ahau  
Ko Ahorangi Tūhono au i Waipapa Taumata Rau  
Ko Emma rāua ko Bianca aku tamāhine  
Ko Kim Mellor tōku ingoa

Kia ora koutou. My research group, the Cellular & Molecular Cardiology lab, is focused on developing new treatments for heart disease for people living with diabetes. Whānau with loved ones with diabetes will know that heart problems can be a big part of how diabetes affects their ability to live life to the fullest. And heart disease is often the reason that people with diabetes have their lives end too early. Our research has shown that diabetes is linked with a special type of heart disease which is not easily treated by current medications. We have discovered that abnormal fructose sugar metabolism is an important cause of these underlying heart issues experienced by people with diabetes. We are currently testing a new drug that slows down the metabolism of fructose inside the heart muscle cells. We are excited to have early data suggesting that this drug has a large impact on improving the heart function in pumping blood throughout the body. These studies are at an early stage, currently involving testing the drug in pre-clinical animal models. As Tiriti partners we would love the opportunity to engage and work together with Māori communities. If you are interested in this research and/or would like to share your thoughts or experiences, please get in touch via IUE.



Kia kaha

Let us stand strong together to advance Maaori health and wellbeing through culturally responsive rangahau

## PARTNERSHIP IN PUBLICATIONS

DON'T BE HOHA  
*Leave a koha*

Health providers' experiences of health technologies within Te Tai Tokerau, Aotearoa New Zealand

Tia Dawes, Jason Turuwhenua & Misty Edmonds

### ABSTRACT

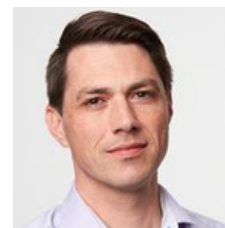
An understanding of the perspectives of Māori healthcare providers to the emergence of new health technologies is essential for developing technologies that respond to patient need. In Aotearoa New Zealand, inequities in health outcomes fall unevenly on Māori, who experience worse health outcomes than other New Zealanders. This includes access to technologies that might mitigate some of the worst health outcomes. While health technology is a broad field, this study aims to explore the experiences of health technologies of predominantly Māori health providers across the region of Te Tai Tokerau, a region characterised by its high Māori population. Eight healthcare professionals participated in semi-structured interviews. Thematic analysis was used to analyse the data. Three themes were generated: 1. empowering whānau with greater control over their own health outcomes; 2. community networks will play a key role in the delivery of technologies and 3. challenges to the uptake of technologies. Health providers have the willingness to trial new technologies, motivated by the potential of new technologies to empower whānau in the care and treatment of illness. However, understanding the patient perspective of how they wish to receive care remains an imperative if health disparities are to be addressed.

To link to this article: <https://doi.org/10.1080/1177083X.2023.2270003>

## Do you have an hour or two a month to help create change?



Aotearoa Leads  
Professor Katie Groom,  
Obstetric Lead  
Email: [k.groom@auckland.ac.nz](mailto:k.groom@auckland.ac.nz)



Aotearoa Leads  
Associate Professor Chris  
McKinlay, Neonatal Lead  
Email: [c.mckinlay@auckland.ac.nz](mailto:c.mckinlay@auckland.ac.nz)

## PLATIPUS Indigenous Health Committee Call for Expressions of Interest from whānau Māori

Call to whānau Māori colleagues and friends We are keenly seeking whānau Māori researchers, health professionals and whānau with lived experience who would like to help shape the new era in perinatal health research in Aotearoa (New Zealand) and Australia. Strong Indigenous leadership and participation from the outset and across the trial's lifespan is integral to success. We are seeking interest from whānau Māori who wish to be part of the leadership team and/or members on the many Committees and Working Groups that will develop and sustain key aspects of the trial. Adaptive platform trials, if done well, have the capacity and capability to shift practice and improve health outcomes may make a real difference to the short and long-term outcomes for Indigenous communities. We are eager to work with whānau Māori who wish to develop this trial right from the start.

### Aspirations

- To engage with, prioritise and work alongside Aboriginal and Torres Strait Islander and Māori researchers, clinicians, and people with lived experience to develop, implement and improve the PLATIPUS Trial.
- To develop fundamental guiding principles (for each country) that outline cultural-specific processes that will: o influence site selection and training o determine recruitment practices that promote participation of Indigenous whānau. o determine data governance principles and protocols to ensure Indigenous data sovereignty. o guide the care, safety and support of Indigenous women, pēpi and whānau who choose to take part in the trial.
- To increase access to research, participation and ensure culturally safe research experiences for Aboriginal and Torres Strait Islander and whānau Māori.
- Consider the formation of a registry process.
- To develop culturally meaningful measurements of health and long-term health outcomes for Indigenous women, pregnant people, babies, children and whānau.
- To disseminate findings in a way that enables Indigenous communities to receive, use and benefit from this research.

### Proposed role

Ways of working We are in the process of designing governance structures and seeking input on this trial's design. We envisage the establishment of an Indigenous Health Committee which will sit alongside the Trial Steering and Management Committee. The Indigenous Health Committee will be co-Chaired by Māori and Aboriginal or Torres Strait Islander person/s. These co-Chairs will be members of the Trial Steering and Management Committee which provides overall leadership of PLATIPUS. The co-Chairs and/or members of the Indigenous Health Committee will be members of the the Trial Advisory Committee (large, consultancy group) and invited to be part of other Committees and Working Groups who lead components of work across the PLATIPUS platform.

For more information please see the information sheet accompanying this paanui.

Alternatively, you can contact Katie or Chris.

WATCH THIS SPACE. More information will follow for expressions of interest from Māori whānau to support all committee within PLATIPUS.



## NATIONAL FOUNDATION FOR Deaf & Hard of Hearing

Meet the amazing people behind the National Foundation for Deaf & Hard of Hearing.



**NATASHA GALLARDO**

I was born at Waitakere Hospital and grew up mostly in west Auckland to a father who was born in Lebanon to Palestinian parents and a mother who was born in Tāmaki Makaurau .  
At the age of 13 I was diagnosed with moderate to severe hearing loss and at the same time my mother, who had been losing her hearing for quite some time, went completely Deaf.  
It was certainly a challenging time for the both of us, however I have not let my hearing disability define me. In saying that it is a large part of who I am and was the main reason I was so passionate about taking on the role of CEO at the NFDHH, so I could help our community and bring my lived experience to the Foundation.  
I live in rural Warkworth with my husband, Patricio, who is from Chile, my 15- year-old son Kai, dog Mac and two cats, Kimba and Nigel.



**SARAH NEILSON**

Ko Te Kohurau te maunga  
Ko Kākaunui te awa  
Ko Ngāi Tahu, ko Te Atiawa ngā iwi  
Ko Moeraki te marae  
No Whangārei ahau  
Kei te noho ahau ki Tāmaki Makaurau ināianei  
Ko Sarah Neilson tōku ingoa

I was born in Morrinsville but grew up in Whangārei, my mother's family comes from Broadwood in Hokianga and my father's family from Wairarapa. I now live with my husband and two young boys in Auckland. I studied audiology at the University of Canterbury and have had various clinical and leadership roles around Aotearoa and overseas over the last 16 years. I now work at Bay Audiology in the area of business improvement. My husband has hearing loss and I am passionate about early intervention for hearing loss and reducing barriers to access hearing healthcare.



**SHIRLEY RIPPEY**

I was born in Middlemore Hospital and have lived in South Auckland all my life. I am from a small family of 4, with my older brother living in San Diego. My father passed away 15 years ago from a brain tumour. During COVID, my mum came to live with us, and she/we loved it so much she has stayed.  
I also completed my education in South Auckland, attending Leabank Primary School, Manurewa Intermediate, and James Cook High School. I live in Papakura and have done so for 22 years with my husband, Brien, and my 9-year-old daughter, Paige.  
I have worked in various industries, including construction, medical (St John Ambulance) and Aviation. When the opportunity arose to join the NFDHH family in 2020, I jumped at the chance and have never looked back. My role with NFDHH is the Human Resources Advisor, but I also wear many other hats with the charity.

Kia kaha

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**STEVE SMITH**

I was born in Aotearoa New Zealand, and I have lived in Tāmaki Makaurau all my life. My mum was a solo parent, and I grew up as an only child – in fact, I had a major hearing loss as an infant which was rectified through minor surgery, and I sometimes reflect on how different my life might have been with that intervention.

My mum made sure I had a good education, which included Auckland Grammar and the University of Auckland – BCom majoring in accounting and later in Corporate Finance. I remain very focused on my continued personal development.

I am married to Cynthia, and we have three adult children threading their way forward in life and careers, with our daughter now importantly teaching year 8 students in Auckland. Our first granddaughter was born in early 2023 to our Melbourne based son, and she has already become a huge part of our thinking and our lives.

My career has spanned various sectors, including being a partner in PricewaterhouseCoopers for a number of years, and subsequently I have had the last 20 years as a full-time professional director. As part of this, it has been important to have a role in a not-for-profit organisation, and I have been on the board of the National Foundation for Deaf and Hard of Hearing since 2014, during which time NFDHH has made substantial progress.



**APRIL JOHNSON**

Kia Ora I am April Johnson

I am Waikato Tainui. I was born and grew up in Huntly before I went off to Otago to study and then returned to Hamilton where my daughter and I are surrounded by whanau.

For the last 14 years I have worked in the Disability Sector, with a passion for equity, I actively work towards dismantling systemic barriers and championing equal opportunities for all.



**DAVID KENT**

My Grandfather arrived in New Zealand from the Orkney Islands in 1900 as a 20 year old, settling first in Southland before ending up in Canterbury.

I grew up in Timaru attending Timaru Boys High. On leaving school I joined the Rural Servicing Company Dalgety NZ and finished working for them, and the subsequent mergers and changes for almost 50 years retiring in 2014. The last 15 years were as part of the Finance and Banking team and I covered parts of North Canterbury and the whole of the West Coast.

From late teens I had hearing issues in both ears and in my mid twenty's suddenly lost hearing totally and for the next almost 25 years relied on lip reading. In 1998 I funded my first Cochlear Implant. The result was just

amazing and I was suddenly hearing things I had totally forgotten about, and even more importantly hearing for the first time our daughters speak.

In 2003 I joined the Southern Hearing Charitable Trust (SHCT) who hold the contract for the delivery of Cochlear Implants for the southern region and I have now Chaired the organisation since 2005.

In 2012 I joined the NFDHH and became Chair of the Council before moving to a Board role in 2023.

In 2017 I was appointed to the Board of the Media Access Charitable Trust, better known as Able, who are funded by NZ On Air to carry out captioning and audio-describing for television and media in New Zealand.

For the past 20 years my passion has simply been to try and assist as many people as possible to receive the opportunity I have been able to have, and to offer to them the return of the gift of hearing and enable them to have a greater enjoyment in their life.



**JOANNE MAHON**

I was born in Tāmaki Makaurau. On my father's side I am descended from Irish immigrants who settled in the Waikato from County Mayo in the west of Ireland. My mother is English, emigrating to New Zealand in the 1970s.

Together with my Irish husband Brian and three tamariki, I live on a beef farm overlooking the Kaipara Harbour.

I was born with a hearing impairment and have worn hearing aids since this was picked up at the age of two. I was determined to not let this disability get in the way of doing what I loved – talking to people and hearing their stories – and became a journalist. I moved into corporate communications after a few years and have worked in healthcare for a large proportion of my career since, continuing this passion for storytelling, most recently in a group role at Southern Cross since 2016. I also sit on the boards of two disability-related charities, as well as the NZ business and Parliament trust, and the advisory board of Guardians of the Gulf.

In 2022 I complete the NZ Leadership Programme with Pūmanawa Kaiārahi Leadership New Zealand.

**Kia kaha**

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## ACKNOWLEDGEMENTS



**Kia Aroha Campus**

Te Whānau o Tupuranga • Fanau Pasifika  
Developing Warrior-Scholars Y0-13

*Kaupapa Māori Best Practice : School Based Whānau Centre presents:*

## Whakaaturanga Rangahau Wiki Hauora (Health Week Research Expo) in 2024.

Our School Based Whānau Centre is led by neehi Māori Whaea Sheridan Hattaway-Martin and Whaea Misty Edmonds invite you to register your interest to be a part of this exciting event.

**Date: 28th, 29th & 30th May 2024**

**Venue: Kia Aroha Campus**

Relative to Pae ora-Healthy futures: it is hoped that you and your team can introduce your area of rangahau aligned with a condition/disease that is impacting our whanau in an innovative way (display, interactive activity), including resources appropriate for the tamariki and rangatahi to take home (over the period of 3 days). Day one will be our tamariki years 0-6, day two will be our Fanau Pasifika years 7-13, and day 3 will be Te Whanau O Tupuranga years 7-13

We are looking for kairangahau who have a connection with IUE and have a genuine interest in engaging with Māori whānau/whānui to advance Māori Health.

If you would like to be a part of this event, please fill in the Expression of Interest form using the link below:

<https://forms.gle/RqCSVmsdzJh9vCRV8>

Spaces are LIMITED, so get registered quick.

If you have any questions please reach out to Misty at [misty@iue.net.nz](mailto:misty@iue.net.nz)

## KAIRANGAHAU HUI

### Iwi United Engaged

have started the ball rolling to bring everyone together under the one roof.

It is our desire to introduce:

Kairangahau to te Ao Māori by way of a "Hui a Motu"

### HUI 1 - PROPOSED DATE - 2024

Kei Turangawaewae Marae -  
Ngaaruawaahia

### HUI 2 - PROPOSED DATE - 2024

Kei Ngaa Hau e Wha Marae - Otautahi  
(TBC)

If you are interested in being part of this kaupapa

email: [whaea@iue.net.nz](mailto:whaea@iue.net.nz)