

Ki te kaahore he whakakitenga, ka ngaro te Iwi

Without foresight or vision, the people will be lost

# IUE

*Iwi United Engaged, Ltd*

# KAWERONGO

Issue:

*Ko te Atua too taatou piringa ka puta ka ora.*  
Paimaarire

Paengawhaawhaa - April

## Meet the Team

IWI UNITED ENGAGED LIMITED  
Commitment to advancing Maaori health  
and wellbeing through the development of  
culturally informed and relevant research.



**Misty Edmonds**  
Te Tumu Whakarae  
CEO



**Steph Shankar**  
Mana Kaiwhakahaere  
Puutea  
Financial Operation Manager



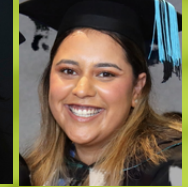
**Kahu Ama**  
Tapuhi Maaori  
Kaiwhakahaere  
Administrator



**Whaea Te Inuwai**  
Kaitautoko  
Cultural Support



**Xiale Paane**  
Tapuhi Maaori  
Pasifika Cultural  
Advisor



**Langi Kepu-Kosene Apiata**  
Tapuhi Maaori  
Pasifika Cultural  
Advisor

# Kairangahau Waananga i Tuurangawaewae Marae

## 22 - 23 November, 2024

Hospitality

Generosity

Respect

### MANAAKITANGA

Kindness

Sharing

Support

Caring

Caring

Formal Legal

Binding

### TOITUU TE

Permanent **TIRITI** Agreement

Foundation

### WHANAUNGATANGA

Knowledge Relationships

Friendships

Caring

Unity

Open minded

Solidarity

Togetherness

### KOTAHITANGA

Caring

Be as one

Sharing

Trust

Safety

Knowledge

Who am I

### KARAKIA

Singing

### PEPEHA

Caring

### WAIATA

Song

Who are you

Awareness

True

Compassion

Valid

Sincere

Love

Honest

Reliable.

### PONO

Correct

Fair

### TIKA

Lawful.

Caring

### AROHA

Proper

Appropriate

Feelings

Empathise

## KAIRANGAHAU WAANANGA

Interested in having an audience with Maaori?  
Interested sharing your mahi with Maaori?

click here to register now

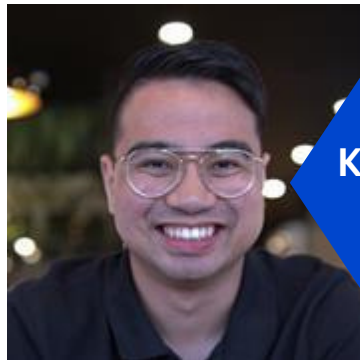


# Consumer Views on a Pharmacist-Led Mental Health and Well-Being Intervention

## MIHI

He hoonore he korooria ki te Atua  
He maungaarongo ki te whenua  
He whakaaro pai ki ngaa taangata  
katoa

Arohaina teetehi ki teetehi



NO PHILIPPINES AHAU  
KO AHAU KAIMATU AND TAUIRA PHD  
KO PATRICK CABASAG TOKU INGOA

## PURPOSE OF THE KAUPAPA

Research tells us that people with long-term conditions are more likely to develop depression and anxiety. People can develop early symptoms of depression and anxiety (known as subthreshold depression and anxiety) which can worsen over time and become major depression and anxiety that requires medical treatment and support.

There is an opportunity before symptoms worsen for pharmacists to provide care and support whānau may need to avoid reaching this point and maintain their mental and emotional wellbeing, in turn, supporting their physical wellbeing.

Community pharmacists often build whanaungatanga (relationships) with whānau (families) in the community and could screen and offer their help / support. We want to know what whānau think about a pharmacist-led mental health and well-being intervention for patients with long-term conditions. This will help us make sure our services meet your needs.

## WE NEED YOUR HELP

We have some great ideas on what a service led by pharmacists could look like to support their communities. With the help of whānau we can work together to make sure this service will meet the needs of Māori whānau safely and effectively to support hauora. As a community, supporting the wellbeing of an individual supports the wellbeing of the whole whānau.

OUR MĀORI WHĀNAU ARE 1.5  
TIMES MORE LIKELY TO REPORT  
A HIGH PROBABILITY OF  
HAVING A DEPRESSIVE OR  
ANXIETY DISORDER

## WHY IS THIS MAHI IMPORTANT?

Currently, there are no services available in NZ for individuals with long-term conditions to protect mental wellbeing in these early stages of depression and anxiety.

We understand that physical health is closely linked to a person's mental, emotional and spiritual wellbeing and impacts on the whanau and communities around them.

In NZ, only 22% of people receive an intervention of any kind for subthreshold mental distress. This shows a high degree of perceived unmet needs in this area.

# MANAAKI SESSIONS

**Hononga**

<https://meet.google.com/ksb-xndb-sge>

**NOTE: TIME  
CHANGE**

**Next Manaaki  
session**

**26/04/2024 @ 12  
pm**

## CONSULTATIONS

To set an appointment please  
visit our booking system  
[www.picktime.com/IUEbookings](http://www.picktime.com/IUEbookings)

Choose your consultant  
through locations ie:  
Whaea Misty  
consultation/Manaaki.

Pick a preference of kanohi-  
ki-te-kanohi OR zui, the  
choice is yours.

Include a brief summary of  
your needs and study

**BOOK NOW**



**APPLY NOW!**  
[recruitment@papakuramarae.co.nz](mailto:recruitment@papakuramarae.co.nz)

### Family Start - Social Worker

*Are you a social worker, or near graduation and looking for the next challenge? Interested in working within a Marae-based, and whanau-centered team that does what it takes for whanau? Nau mai ki Papakura Marae!*

### General Practitioner or Nurse Practitioner

*We seek a dynamic Nurse Practitioner or General Practitioner who aspires to work within a supportive clinic environment to deliver a professional and evidenced-based approach that meets sector standards of practice. The successful candidate will enjoy working in a multicultural environment that is safe, inclusive and equitable.*

After-hours research assistant needed for a surgical study in  
Auckland Hospital

The position would suit a clinical research assistant or research  
nurse or phlebotomist looking for part-time after-hours work.  
Will be paid a generous hourly rate.

The role will require sampling, processing and storage of blood  
from patients who have had major abdominal surgery. It will  
involve using a new test to predict recovery or deterioration.

Please refer to the attached position description for more  
details. If interested please contact Dr Varsha Ramesh,  
[varsha.ramesh@auckland.ac.nz](mailto:varsha.ramesh@auckland.ac.nz).





## Kōrero Mai

Have a say in what is important for you and your whānau about inpatient rehab at The Wilson Centre

## The Wilson Centre



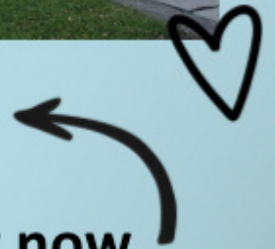
Have you or someone you know spent time here?



## Your voice matters



Your experiences and ideas will help us identify the top 10 priorities so kairangahau (researchers) and funders can ensure we are meeting whānau needs



## Take the survey now

<https://redcap.aut.ac.nz/surveys/?s=NWECJ3XDNPFKCNYH>

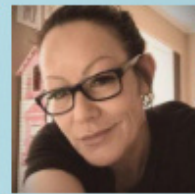
Or contact us for more information and other ways you can participate  
[lynne.clay@aut.ac.nz](mailto:lynne.clay@aut.ac.nz)



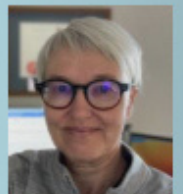
Dr Jimmy Chong  
Te Whatu Ora



Prof Denise Taylor  
AUTCEO, IUE



Misty Edmunds



Dr Lynne Clay  
AUT



## Upcoming Events

**Whakaaturanga Rangahau Wiki  
Hauora  
(Health Week Research Expo)  
28th, 29th & 30th May 2024  
Kia Aroha Campus**

**Wahaia Te Tika Independent Series  
May-June 2024 (Multiple Dates: See  
details below**

**Hui-a-Kairangahau  
Turangawaewae Marae  
22-23 November 2024**

## ACKNOWLEDGEMENTS



## TE POU

Te Pou Te Pou  
Te tokotoko i whenuku  
Te tokotoko i wherangi  
Tokia tukia  
Ko te muumuu  
Ko te aawhaa  
Ko te muumuu  
Ko te aawhaa  
Ko te maanihi kai ota  
Taa Kiri panapana

Ka rau i runga  
Ka rau i raro  
Ka whai taa more...  
i runga  
Ka whai taa more..  
i raro

Teena ko te Pou  
Teena ko te Pou  
Te Pou o rongo  
Noo rongo mauri ora  
Ka ora e...ii



[https://youtu.be/EeSzWaGB9eg?  
si=yf\\_qKaxo5sZGrMMY](https://youtu.be/EeSzWaGB9eg?si=yf_qKaxo5sZGrMMY)