



TE PAE MAHUTONGA FRAMEWORK RESEARCH PLANNING

Overall aim: (Pae Ora: Healthy Futures for Māori) Te Mana Whakahaere Autonomy	Elements Involved: Te Oranga Participation in society	Direction Mauriora Cultural Identity	Key threads: Waiora Physical environment	Pathways: Ngā Manukura Community leadership	Outcome: Performance measures and monitoring: (Pae Ora-Healthy futures for Māori and advancing Māori health)	Overall aim: (Pae Ora: Healthy Futures for Māori) Te Mana Whakahaere Autonomy
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How do we apply the principles of Te Pae Mohutaonga to research planning?

Initiate	Locate	Select	Organise	Present	Assess	Initiate
What do I need to know? What do want to find out? My research will advance Māori health by.../be responsive to Māori,/ demonstrate my commitment to Te Tiriti o Waitangi/use whakawhanaungatanga as a Kaupapa Māori approach to engagement nurturing ongoing future research partners. Māori led-co design to ensure effective and appropriate stewardship over the research process to support/align/protect/enable Te Tiriti o Waitangi, responsiveness to Māori, advancing Māori health. The kaupapa of my research is..which is consistent with the needs/ views/ aspirations of... to advance Māori health/support healthy futures for Māori.	How do I find the information? Review literature Specify a research purpose/ co- Design The capacity to communicate, to think and to feel mind and body are inseparable. Thoughts, feelings and emotions are integral components of the body and soul. The capacity to belong, to care and to share where individuals are part of wider social systems. Understanding the importance of whānau and how whānau (Family) can contribute to illness and assist in curing illness is fundamental to understanding Māori health issues. Who will carry out this Research? (3C's) How do we want the research to be done?(3C's)	What information is relevant and reliable? Collect data The capacity for faith and wider communication. Health is related to unseen and unspoken energies. I will be contributing to Māori wellness by ensuring the collection of relevant data as guided by (3 C's) Māori aspirations to protect the mana of the people by... (3 C's) across the life course of Māori. The spiritual essence of a person is their life force. This determines us as individuals and as a collective, who and what we are, where we have come from and where we are going. Tikanga Māori (Māori way of doing things) will be incorporated into my research process through...	How can I use this information? Analyze and interpret data The capacity for physical growth and development. Good physical health is required for optimal development • Our physical 'being' supports • our essence and shelters us • from the external environment. • For Māori the physical dimension is just one aspect of • health and well-being and • cannot be separated from the • aspect of mind, spirit and • family. Support the framing of the Māori world view, encapsulated within Mātauranga Māori (Māori knowledge) by (3C's) Supports thematic analysis by... What difference will it make? How will we know it is a worthwhile piece of research? (3 C's)	How can I communicate my research? Report By ensuring Māori involvement/co-design and/or governance, design, delivery, and monitoring of health data I will be supporting.... Tiakina te mana o te Iwi protect the mana of the people by... in alignment with Te Tiriti o Waitangi principle(s)... Tikanga Māori will be incorporated into my research process through (3 C's) By involving/engaging... and ensuring (3 C's)... I will be able to uphold the principle partnership and whanaungatanga (establishing, nurturing and maintaining relationships)	What did I learn? Outcomes include: • Advancing Māori health • Responsiveness to Māori • Commitment to Te Tiriti o Waitangi • Whakawhanaungatanga and ongoing future research partners Results/Dissemination Evaluate in collaboration My research will address... which will contribute to the overall/collective Kaupapa of/for... Who will own the research (3C's) Who will benefit? (Māori) In line with Tikanga Māori	What do I need to know? What do I want to find out? My research will advance Māori health by.../be responsive to Māori,/ demonstrate my commitment to Te Tiriti o Waitangi/use whakawhanaungatanga as a Kaupapa Māori approach to engagement nurturing ongoing future research partners. Māori led-co design to ensure effective and appropriate stewardship over the research process to support/align/protect/enable Te Tiriti o Waitangi, responsiveness to Māori, advancing Māori health. The kaupapa of my research is..which is consistent with the needs/ views/ aspirations of... to advance Māori health/support healthy futures for Māori.