



TE WHARE TAPA WHA FRAMEWORK RESEARCH PLANNING

Overall aim: Pae Ora Healthy futures for Maori	Elements involved: Hinengaro Capacity to communicate, think and feel cannot be separated from aspects of the physical, spirit and family. Whānau Capacity to belong and be part of collective	Direction: Wairua Health is related to unseen and unspoken energies	Key threads: Tinana Physical dimension of health and wellbeing cannot be separated from aspects of mind, spirit and family.	Pathways: Partnerships Te Tiriti o Waitangi document defines the relationship between Māori and the Crown in New Zealand providing a basis through which Māori may challenge the status-quo, and affirm the Māori rights.	Outcome/ performance measures and monitoring: Healthy futures for Maori- Effective service delivery working across sectors Outcome: Pae Ora
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How do we apply the principles of Te Whare Tapa Wha to research planning?

Initiate What do I need to know? What do I want to find out? My research will advance Māori health by...../be responsive to Maori,/demonstrate my commitment to Te Tiriti o Waitangi Māori led-co design to ensure effective and appropriate stewardship over the research process to support/align/protect/enable....? The kaupapa of my research is...which is consistent with the needs/views/ aspirations of... What research do we want to carry out? How will this happen? (3C's) - Co-design - Collaboration - Consultation Who is the research for? How do we want the research to be done? (3 C's)	Locate How do I find the information? Review literature Specify a research purpose/ co-design The feedback/opinions/ideas of allstakeholders (Maori and Non-Maori)are respected and acknowledged through (3 C's). The principle of Whānau sits at the core of Kaupapa Māori. Centralising whānau and Iwi supports mental wellbeing of whānau by.....I am able to meet the Hinengaro whānau principles by enabling Māori the right to exercise authority over the research process by..... (3 C's) Kaupapa Māori approach according to Māori philosophies, values and practices support.... (3 C's)	Select What information is relevant and reliable? Collect data Acknowledging the importance of waiuatanga as it relates to overall health and wellbeing will enable us to Maori aspirations to protect the mana of the people by... (3 C's) across the life course of Māori. Tikanga Maori (Maori way of doing things) will be incorporated intomy research process through... Researchers' aspirations and contributions showing respect for the people to support equity in health research through ... (3 C's)	Organise How can I use this information? Analyze and interpret data Acknowledging that for Maori, the physical dimension is just one aspect of health and well-being and cannot be separated from the aspect of mind, spirit and family it will allow me to/assist me in my research by Supports thematic analysis by.... Support the framing of the Māori world view, encapsulated within mātauranga Māori (Māori knowledge)by....(3 cs) Acknowledging that the spiritual essence of a person is their life force and for Māori damage to the wairua can be a contributing factor to physical illness through...This will allow me to/assist me to/demonstrate understanding of... within my research	Present How can I communicate my research? Report By ensuring Māori involvement/co-design and/or governance, design, delivery, and monitoring of health data I will be supporting..... Tiakina te mana o te Iwi – protect the mana of the people by... in alignment with Te Tiriti o Waitangi principle(s).. Tikanga Maori will be incorporated into my research process through... (3 C's) By involving/engaging... and ensuring (3C's)... I will be able to uphold the principle partnership and whanaungatanga (establishing, nurturing and maintaining relationships) ... By... I will be upholding my obligation to principle* ... of He Mana tō Te Tiriti o Waitangi	Assess What did I learn? Outcomes include: - Advancing Maori health - Responsiveness to Maori - Commitment to Te Tiriti o Waitangi - Whakawhanaungatanga and ongoing future research Results/ Dissemination Evaluate in collaboration My research will address... which will contribute to the overall/collective What difference will it make? How will we know it is a worthwhile piece of research? (3 C's)
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